



Mamrick Family Dentistry
1807 Huguenot Road, Suite 124
Midlothian, VA 23113

Immediate Denture and Flipper Instructions

An Immediate Denture or Flipper is delivered immediately after teeth are extracted. It is important that proper care is taken to facilitate the healing of the gum tissue and the fitting of the Denture or Flipper.

1. Day of surgery/delivery of the denture or flipper: leave the denture or flipper in all day and sleep with it in the mouth. If you remove it, it can be hard to put back in especially if you are sore.
2. Day after surgery:
 - A. You will have a follow up appointment with the general dentist at which time the dentist will remove the denture – do not remove the denture/flipper prior to this appointment.
 - B. Once you have seen the dentist, you begin taking the denture out after each meal and cleaning both the denture and the mouth
 - C. Take the denture out before going to bed and clean the mouth/brush your teeth as usual and place the denture in a cup/secure location. Place it back in your mouth in the morning and begin regular denture/flipper care.
3. Regular Denture/Flipper Care
 - A. Clean denture/flipper and mouth after each meal
 - B. Take denture/flipper out before going to bed. Leaving the denture/flipper in overnight can cause damage to the gum tissue.
 - C. Call the general dentist immediately if you develop any sore spots or if you feel you need adhesive to hold it in place so any necessary adjustments can be made.

Cleaning the Denture

1. Brush the denture with a denture brush and **do not** use toothpaste or anything abrasive. Plain soap and water can be used.
2. For overnight cleaning, over-the-counter denture cleansers (ex. Efferdent, Fixodent, Polident) can be used.